

# July 2003

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p><b>1</b> 1:00 PM JCC Aquatic Exercise Program</p> <p>5:30 PM Smokers Anonymous (Trumbull County)</p> <p>7:00 PM Ovarian CA Support Group-ACS (Mahoning County)</p> <p>7:00 PM East Liverpool Breast CA Support-Dawson Family Center</p>	<p><b>2</b> <i>5:00 PM Program Strength for Living: Building a Healthy Diet for Cancer Recovery at Forum Health's Community Health Connection at the Eastwood Mall (Near Ruby Tuesday's Entrance)</i></p>	<p><b>3</b> 1:00 PM JCC Aquatic Exercise Program</p>	<b>4</b>	<b>5</b>
<b>6</b>	<p><b>7</b> 7:00 PM Smokers Anonymous (Mahoning County)</p>	<p><b>8</b> 10:00 AM Cancer Pt. Support Group (Trumbull County) Eastwood Mall</p> <p>1:00 PM JCC Aquatic Exercise Program</p> <p>5:30 PM Smokers Anonymous (Trumbull County)</p>	<p><b>8</b> <u>Trumbull County Colorectal Cancer Support Group Picnic</u> 6:30 PM Wadell Park-Large Pavillion</p> <p style="text-align: right;"><b>9</b></p>	<p><b>10</b> 1:00 PM JCC Aquatic Exercise Program</p>	<b>11</b>	<b>12</b>
<p><b>13</b> →</p>	<p><b>14</b> 7:00 PM Smokers Anonymous (Mahoning County)</p>	<p><b>15</b> 1:00 PM JCC Aquatic Exercise Program</p> <p>5:00-7:30 PM Fit To Fight: A Cancer Caregiver's Program Community Health Connection (Eastwood Mall)</p> <p>5:30 PM Smokers Anonymous (Trumbull County)</p>	<p><b>16</b> 6:00 PM Look Good Feel Better (Trumbull County) Hubbard Public Library</p> <p>6:30 PM Cancer Pt. Support Group (Trumbull County) Sara Wean Conf. Rm.</p> <p>7:00 PM FOCUS ACS-Office (Mahoning County)</p>	<p><b>17</b> 1:00 PM JCC Aquatic Exercise Program</p> <p>5:00 PM Blood Related Cancer Support Group (NMC-Cancer CareCenter)</p>	<b>18</b>	<b>19</b>
<b>20</b>	<p><b>21</b> 6:00 PM Look Good Feel Better (Mahoning County) ACS</p> <p>7:00 PM Smokers Anonymous (Mahoning County)</p>	<p><b>22</b> 1:00 PM JCC Aquatic Exercise Program</p> <p>5:30 PM Smoker's Anonymous Weekly Support Group (Trumbull County)</p>	<b>23</b>	<p><b>24</b> 1:00 PM JCC Aquatic Exercise Program</p> <p>7:00 PM BEACON Breast Cancer Support Group (Trumbull County)</p> <p>7:00 PM SOUL African American Breast CA Support Group NMC-CCC</p>	<b>25</b>	<b>26</b>
<b>27</b>	<p><b>28</b> 7:00 PM Smokers Anonymous (Mahoning County)</p>	<p><b>29</b> 1:00 PM JCC Aquatic Exercise Program</p> <p>5:30 PM Smoker's Anonymous Weekly Support Group (Trumbull County)</p>	<p><b>30</b> 6:00 PM Sisters Through Sharing Breast Cancer Support Group (Salem Library)</p>	<p><b>31</b> 1:00 PM JCC Aquatic Exercise Program</p>	<p><b>*Digging in the Dirt:</b></p> <p><b>Horticulture Program call for times and location at (330) 884-4152.</b></p>	

Brochures with full program descriptions are available in Cancer CareCenter waiting rooms.