

*August 2002*  
*Is*  
*Pain Medicine and Palliative Care Awareness Month*

**Sun            Mon            Tue            Wed            Thu            Fri            Sat**

				<b>1</b>  1:00 PM JCC Aquatic Exercise Program  2:00 PM Weekly Cancer Support Group (Mahoning County)	<b>2</b>	<b>3</b>
<b>4</b>	<b>5</b>	<b>6</b>  1:00 PM JCC Aquatic Exercise Program  5:30 PM Smokers Anonymous (Trumbull-Warren YMCA, Club Rm.)	<b>7</b>  7:00 PM Man to Man (Mahoning County)	<b>8</b>  1:00 PM JCC Aquatic Exercise Program  2:00 PM Weekly Cancer Support Group (Mahoning County)	<b>9</b>	<b>10</b>  8:30-11:30 AM Bottles of Hope NMC-Med. Ed. Bldg. Main Auditorium  1:00-4:00 PM Bottles of Hope NMC-Med. Ed. Bldg. Main Auditorium
<b>11</b>	<b>12</b>  10:00 AM I Can Cope "Understanding Feelings & Relationships" Cancer CareCenter- NMC	<b>13</b>  10:00 AM Cancer Pt. Support Group (Trumbull County) Eastwood Mall  1:00 PM JCC Aquatic Exercise Program  5:30 PM Smokers Anonymous (Trumbull-Warren YMCA, Club Rm.)	<b>14</b>  5:00 PM "Coping with the Dx. Of Breast Cancer" (Trumbull County McMenemy's)	<b>15</b>  1:00 PM JCC Aquatic Exercise Program  2:00 PM Weekly Cancer Support Group (Mahoning County)  5:00 PM Blood Related Cancer Support Group  5:00 PM "Coping with the Dx. Of Breast Cancer" (Mahoning County Holiday Inn Boardman)	<b>16</b>	<b>17</b>
<b>18</b>	<b>19</b>  6-8:00 PM Look Good Feel Better (Trumbull County) St. Joseph's Cancer Care Center	<b>20</b>  1:00 PM JCC Aquatic Exercise Program  5:30 PM Smokers Anonymous (Trumbull-Warren YMCA, Club Rm.)	<b>21</b>  6:30 PM Cancer Pt. Support Group (Trumbull County) Sara Wean Conf. Rm.	<b>22</b>  1:00 PM JCC Aquatic Exercise Program  2:00 PM Weekly Cancer Support Group (Mahoning County)	<b>23</b>	<b>24</b>  8:30 AM – Noon "Finding Balance in Your Life Using the Creative Arts" Holiday Inn Metroplex
<b>25</b>	<b>26</b>	<b>27</b>  1:00 PM JCC Aquatic Exercise Program  5:30 PM Smokers Anonymous (Trumbull-Warren YMCA, Club Rm.)	<b>28</b>	<b>29</b>  1:00 PM JCC Aquatic Exercise Program	<b>30</b>	<b>31</b>

Brochures with full program descriptions are available in Cancer CareCenter waiting rooms.