



August 2004

Pain Medicine and Palliative Care Awareness Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 1:00 PM JCC Aquatic Exercise Program	3 5:30 PM Smokers Anonymous (Trumbull County) 7:00 PM Ovarian CA Support Group (Mahoning County) 7:00 PM East Liverpool Breast Cancer Support Group	4 1:00 PM JCC Aquatic Exercise Program 6:00 PM New Voice Club (Mahoning County) 7:00 PM Man to Man (Mahoning County)	5	6 1:00 PM JCC Aquatic Exercise Program	7
8	9 1:00 PM JCC Aquatic Exercise Program	10 10:00 AM Cancer Pt. Support Group (Trumbull County) 5:30 PM Smokers Anonymous (Trumbull County) 6:30 PM CORES Support Group (Mahoning County)	11 1:00 PM JCC Aquatic Exercise Program	12  <i><u>“Trauma to Triumph: Finding Joy throughout the Cancer Experience”</u></i> <i>Avalon Inn</i>	13 1:00 PM JCC Aquatic Exercise Program	14
15	16 1:00 PM JCC Aquatic Exercise Program 6:00 PM Look Good Feel Better (Trumbull County)	17 5:30 PM Smokers Anonymous (Trumbull County) 6:30 PM CORES Support Group (Columbiana County)	18 1:00 PM JCC Aquatic Exercise Program 6:30 PM Cancer Pt. Support Group (Trumbull County)	19 5:00 PM Blood Related Cancer Support Group Cancer CareCenter	20 1:00 PM JCC Aquatic Exercise Program	21
22	23 1:00 PM JCC Aquatic Exercise Program 6:00 PM African American Prostate Cancer Support Group (Mahoning County)	24 5:30 PM Smokers Anonymous (Trumbull County)	25 1:00 PM JCC Aquatic Exercise Program	26 7:00 PM SOUL (Mahoning County) Forum Health-CCC 7:00 PM BEACON Breast Cancer Support Group (Trumbull County)	27 1:00 PM JCC Aquatic Exercise Program	28
29	30 1:00 PM JCC Aquatic Exercise Program	31 5:30 PM Smokers Anonymous (Trumbull County)				

Brochures with full program descriptions are available in Cancer CareCenter waiting rooms.